

The Honest Toddler A Childs Guide To Parenting Bunmi Laditan

Getting the books **The Honest Toddler A Childs Guide To Parenting Bunmi Laditan** now is not type of challenging means. You could not unaccompanied going subsequent to book amassing or library or borrowing from your contacts to door them. This is an extremely easy means to specifically get lead by on-line. This online notice The Honest Toddler A Childs Guide To Parenting Bunmi Laditan can be one of the options to accompany you subsequent to having additional time.

It will not waste your time. allow me, the e-book will no question sky you other concern to read. Just invest tiny mature to gain access to this on-line revelation **The Honest Toddler A Childs Guide To Parenting Bunmi Laditan** as without difficulty as review them wherever you are now.

Dear God Bunmi Laditan 2021-01-26 This broken world so often breaks our hearts and sends us searching for a word of divine love. In Dear God, award-winning and beloved author Bunmi Laditan bravely says what we're all thinking in this wittingly fresh and stunningly relatable collection of letters drawn from her journey of prayerful wrestling with God.

Toddler Discipline for Every Age and Stage Aubrey Hargis 2018-11-13 Toddler Discipline for Every Age and Stage offers practical, age-appropriate toddler discipline strategies for managing the everyday challenges of toddlerhood and guiding your child to becoming their best self. Toddlers are constantly changing, and they can easily become overwhelmed by it all. When faced with the meltdowns that toddlers are famous for, it can be difficult to know which toddler discipline techniques will best help your child grow into a stronger, kinder person. Toddler Discipline for Every Age and Stage delivers essential toddler discipline tools for dealing with day-to-day difficulties, and supporting your toddler as they learn the important lessons that will set them up for success. Written by child development expert Aubrey Hargis, Toddler Discipline for Every Age and Stage will help you understand your toddler's behavioral challenges while fostering important life skills such as curiosity, respect, independence, and confidence. Drawing on Aubrey's years of coaching parents through the rocky terrain of toddler discipline, as well as her own experience as a mother of two, Toddler Discipline for Every Age and Stage delivers proven toddler discipline techniques that will help you grow closer as parent and child during each stage of your toddler's first formative years. Inside the pages of Toddler Discipline for Every Age and Stage you'll find: An overview of your child's development--including physical, cognitive, and social-emotional--and how this affects their behavior. Age-appropriate toddler discipline strategies that will help you manage common behavioral issues by building upon each stage of progress. Helpful toddler discipline sidebars and tips for dealing with tricky situations, guidance on how best to communicate with your child, and advice from parents who've been there. While child development is not a linear process, Toddler Discipline for Every Age and Stage provides you with a practical, effective toddler discipline toolkit for navigating the ups and downs of your little one's toddlerhood and thereafter.

The Danish Way of Parenting Jessica Joelle Alexander 2016-06-29 International bestseller As seen in The Wall Street Journal--from free play to cozy together time, discover the parenting secrets of the happiest people in the world What makes Denmark the happiest country in the world--and how do Danish parents raise happy, confident, successful kids, year after year? This upbeat and practical book presents six essential principles, which spell out P-A-R-E-N-T: Play is essential for development and well-being. Authenticity fosters trust and an "inner compass." Reframing helps kids cope with setbacks and look on the bright side. Empathy allows us to act with kindness toward others. No ultimatums means no power struggles, lines in the sand, or resentment. Togetherness is a way to celebrate family time, on special occasions and every day. The Danes call this hygge--and it's a fun, cozy way to foster closeness. Preparing meals together, playing favorite games, and sharing other family traditions are all hygge. (Cell phones, bickering, and complaining are not!) With illuminating examples and simple yet powerful advice, The Danish Way of Parenting will help parents from all walks of life raise the happiest, most well-adjusted kids in the world.

The Christian Mama's Guide to Parenting a Toddler Erin MacPherson 2013 This take on everything toddler---from throwing food to potty training to massive toddler fits---is filled with sanity-saving advice every mom wants to hear.

The Attachment Parenting Book William Sears 2001-09-01 America's foremost baby and childcare experts, William Sears M.D. and Martha Sears, R.N., explain the benefits -- for both you and your child -- of connecting with your baby early. Would you and your baby both sleep better if you shared a bed? How old is too old for breastfeeding? What is a father's role in nurturing a newborn? How does early attachment foster a child's eventual independence? Dr. Bill and Martha Sears -- the doctor-and-nurse, husband-and-wife team who coined the term "attachment parenting" -- answer these and many more questions in this practical, inspiring guide. Attachment parenting is a style of parenting that encourages a strong early attachment, and advocates parental responsiveness to babies' dependency needs. The Attachment Parenting Book clearly explains the six "Baby B's" that form the basis of this popular parenting style: Bonding, Breastfeeding, Babywearing, Bedding close to baby, Belief in the language value of baby's cry, and Beware of baby trainers. Here's all the information you need to achieve your most important goals as a new parent: to know your child, to help your child feel right, and to enjoy parenting.

Confessions of a Domestic Failure Bunmi Laditan 2017-05-02 Instant Bestseller "Freaking hilarious. This is the novel moms have been waiting for."--Jenny Lawson, #1 New York Times bestselling author of Let's Pretend This Never Happened "Perfect for readers looking for a funny, realistic look at motherhood."--Booklist (starred review) From the creator of The Honest Toddler comes a fiction debut sure to be a must-read for moms everywhere There are good moms and bad moms--and then there are hot-mess moms. Introducing Ashley Keller, career girl turned stay-at-home mom who's trying to navigate the world of Pinterest-perfect, Facebook-fantastic and Instagram-impressive mommies but failing miserably. When Ashley gets the opportunity to participate in the Motherhood Better boot camp run by the mommy-blog-empire maven she idolizes, she jumps at the chance to become the perfect mom she's always wanted to be. But will she fly high or flop? With her razor-sharp wit and knack for finding the funny in everything, Bunmi Laditan creates a character as flawed and lovable as Bridget Jones or Becky Bloomwood while hilariously lambasting the societal pressures placed upon every new mother. At its heart, Ashley's story reminds moms that there's no way to be perfect, but many ways to be great.

Dear God Bunmi Laditan 2021-01-26 Are you looking to strengthen your relationship with God? Do you find yourself untangling the threads of what it is you really believe? Are you longing for a deeper connection to your spiritual side? Bunmi Laditan has been in your shoes. In the midst of her darkest days, Bunmi began writing down her deepest fears, hopes, dreams, and frustrations with God in the form of letters. The result of Bunmi's soul-searching journey is Dear God, a collection of funny, heartbreaking, and deeply insightful prayers that put words to the emotions we all feel as we grapple with this broken world and search for divine love. With the same gutsy and poetic honesty that has already charmed readers around the world, Bunmi now shares these moving, intimate conversations with God--prayers and poems that chart her story of reconnecting with the God she loved, lost, and found once again. Dear God catalogs what we're all thinking as we work out our personal relationships with God. These candid field notes will stir your heart and make you laugh out loud with Bunmi's self-awareness and profound insight into the spiritual journeys we're all doing our best to navigate. Join Bunmi as she travels through those all-too-familiar emotions--doubt, anger, joy, desperation, love, loneliness, and gratefulness--that humanity has always wrestled with. Wittily fresh and stunningly relatable, she exquisitely shares the painfully honest questions she's asked along the way, including: God, what is holiness? God, how can it be worth it to love life when it could slip away at any moment? God, what do I do when forgiveness feels impossible? God, I know you love me, but do you like me? This poignant collection of prayers is a timely reminder that even when we wander, God never leaves our side.

How Pop Culture Shapes the Stages of a Woman's Life Melissa Ames 2016-03-15 Contemporary popular culture has created a slew of stereotypical roles for girls and women to (willingly or not) play throughout their lives: The Princess, the Nymphette, the Diva, the Single Girl, the Bridezilla, the Tiger Mother, the M.I.L.F, the Cougar, and more. In this book Ames and Burcon investigate the role of cultural texts in gender socialization at specific pre-scripted stages of a woman's life (from girls to the "golden girls") and how that instruction compounds over time. By studying various texts (toys, magazines, blogs, tweets, television shows, Hollywood films, novels, and self-help books) they argue that popular culture exists as a type of funhouse mirror constantly distorting the real world conditions that exist for women, magnifying the gendered expectations they face. Despite the many problematic, conflicting messages women receive throughout their lives, this book also showcases the ways such messages are resisted, allowing women to move past the blurry reality they broadcast and toward, hopefully, gender equality.

Now Say This Heather Turgeon 2018-06-14 A powerful new parenting book that gives flustered parents the exact words to use to solve any sticky parenting situation! Language is powerful and the exact words, tone, and non-verbal communication parents use when trying to move through a stuck moment with their child means everything. Now Say This guides parents through the authors highly practical approach to effectively communicating with children, which they call ALP, also known as Acknowledge, Limit set, and Problem-solve. Now Say This also discusses the power of words in all of our daily conversations. Each chapter addresses a different aspect of parenting (i.e. bedtime, mealtime, sibling conflicts, body conversations, and more) and includes actual scripts and precise language for parents to use to set limits with empathy and use conversations as opportunities for learning.

Oh Crap! I Have a Toddler Jamie Glowacki 2019-06-04 Real-world, from-the-trenches toddler parenting advice from the author of the bestselling Oh Crap! Potty Training. Toddlers--commonly defined as children aged between two and five years old--can be a horribly misunderstood bunch. What most parents view as bad behavior is in fact just curious behavior. Toddlerdom is the age of individuation, seeking control, and above all, learning how the world works. But this misunderstanding between parents and child can lead to power struggles, tantrums, and even diminished growth and creativity. The recent push of early intellectualism coupled with a desire to "make childhood magical" has created a strange paradox--we have three-year-olds with math and Mandarin tutors who don't know how to dress themselves and are sitting in their own poop. We are pushing the toddler mind beyond its limit but simultaneously keeping them far below their own natural capabilities. In the frank, funny, and totally authentic Oh Crap! I Have a Toddler, social worker Jamie Glowacki helps parents work through what she considers the five essential components of raising toddlers: --Engaging the toddler mind --Working with the toddler body --Understanding and dealing with the toddler behavior --Creating a good toddler environment --You, the parent Oh Crap! I Have a Toddler is about doing more with less--and bringing real childhood back from the brink of over-scheduled, over-stimulated, helicopter parenting. With her signature down-and-dirty, friend-to-friend advice, Jamie is here to help you experience the joy of parenting again and giving your child--and yourself--the freedom to let them grow at their own pace and become who they are.

Toddlers Are Aholes** Bunmi Laditan 2015-04-07 Toddler a**holery is a normal part of human development--not unlike puberty, except this stage involves throwing food on the floor and taking swings at people who pay your way in life. For parents of toddlers, it's a "you better laugh so you don't cry" period. Bunmi Laditan's hilarious, satirical guide to toddlerhood offers parents instant (and very welcome) comic relief--along with the very good news that "It's Not Your Fault." Chapters cover the cost of raising a toddler, feeding your toddler, potty-training, tantrums, how to manage the holidays, and "how not to die inside." Parents will see themselves in the very funny sections on taking your toddler to restaurants ("One parent will spend their time walking your toddler around the restaurant and outside like a cocker spaniel, while the other, luckier parent will eat alone."), Things You Thought You'd Never Say That You Now Say As a Parent of a Toddler ("I can tell you're pooping because your eyes are watering."), and how to order pizza ("Spend \$40 on pizza delivery. Listen to your toddler cry for 30 minutes about how the pizza is all wrong. Watch your toddler take a small bite of crust. Google 'can anger give you a heart attack?' Start the bedtime routine."). Laditan's wildly funny voice has attracted hundreds of thousands of fans of Honest Toddler on social media; here she speaks parent-to-tired-parent, easing the pains and challenges of raising toddlers with a hefty dose of adult humor and wit.

Confessions of a Scary Mommy Jill Smokler 2012-04-03 An irreverent assessment of the dark side of parenting combines original essays and anonymous confessions as posted on the ScaryMommy.com site to encourage women to embrace their own parenting approaches without competing with other moms who only seem to have everything under control.

Busy Toddler's Guide to Actual Parenting Susie Allison 2020-09-22 You don't need to feel alone in parenting. You don't need to feel like you're failing. And you definitely don't need another parenting book filled with theoretical advice about theoretical children. You need actual parenting help from an actual parent. It's time to feel confident in your parenting. Susie Allison, creator of the massive online community Busy Toddler, is a breath of fresh air. With her humor and engaging personality, she helps parents find their footing, shift their perspective on childhood, and laugh at the twists and turns of parenting we all face. (Yes, it's ok that your child licked a shopping cart - they pretty much all do that.) In Busy Toddler's Guide to Actual Parenting, Susie gives the achievable advice she's known for around the world, from daily life and #beingtwofine to tantrums and tattling and teaching the ABCs. The book also includes 50+ of her famous activities that have helped thousands of parents make it to nap time-FYI, the popsicle bath is a game-changer. S usie shares real moments raising her three kids as well as her professional knowledge from eight years as a kindergarten and 1st grade teacher. Her simple and doable approach to parenting will leave you feeling so much better! Let Susie give you the actual parenting advice you need.

How to be a Parent Philippa Perry 2019-04-04 This is a parenting book for people who don't buy parenting books With straight-talking advice from renowned Psychotherapist

Philippa Perry, How to be a Parent is the definitive guide for any parent looking to navigate their past, avoid repeating mistakes, and ensure they don't land their own kids in therapy. Through the combination of case studies, and therapeutic insight gained from over 20 years of working directly with clients, Perry tackles the wider issues of what it actually means to be a parent, rather than getting bogged down in the little details. This isn't a book about meeting developmental milestones, training your child to have enviable manners, or how to get the much idealised 'perfect' family, it's about creating functional relationships with your children so that they grow up feeling secure, knowing who they are and what they want - giving both them and you a shot at real happiness. Full of refreshing, sage and sane advice on the bigger picture of parenthood, How to be a Parent is the only book you'll ever really need to ensure you don't mess your kids up.

Nanny in a Book Louise Heren 2011-04-07 The English nanny is an institution. The image of the smartly uniformed, traditional nanny features in many books and films and there is something rather comforting about the idea of a 'no nonsense', nurturing and sensible childcare expert looking after your family. For over a century, Norland Nannies have cared for royal and celebrity families and are the best, most respected nannies in the world. Now their clear advice and straightforward methods - tried and tested on thousands of families - are brought together for the first time. Nanny in a Book is a practical companion to childcare that will help you with: * Setting up your nursery * Sleeping, weaning and potty training * Teaching your child good manners and behaviour * Nursing common ailments from sore tummies to measles * Organising a fabulous birthday party. Full of Nanny's top tips and personal stories, Nanny in a Book will become a trusted guide and a treasured companion - the next best thing to Mary Poppins herself sweeping in on the East wind and turning up on your doorstep.

My Milk Will Go, Our Love Will Grow Jessica Elder 2020-01-28 What could toddlers be thinking and feeling as they wean from breastfeeding? Depending on age and development, some might not be able to express what they think and feel with words. In My Milk Will Go, Our Love Will Grow, we hear a toddler's questions and feelings during an honest conversation between mother and child. This heartwarming book uses rhyme, short sentences, and beautiful illustrations to convey a message of love and reassurance as the child learns that mother will still nurture and meet both physical and emotional needs when breastfeeding ends. This book will be a special keepsake for both mothers and children, showing the beauty of the nursing relationship. Weaning can be difficult with or without a children's book about weaning. However, the stress of weaning can be lessened when mothers have a resource to help toddlers acknowledge and understand this significant transition. The book was written to help mothers talk to toddlers about weaning. It can be helpful during the weaning process, and it can help newly weaned toddlers and toddlers with a new nursing sibling. All mothers who have breastfed a baby may want to have this book to represent the beautiful nurturing they offered their children. My Milk Will Go, Our Love Will Grow was written in rhyme, making it a unique weaning book. It can be used as a helpful tool to assist toddlers, and, as a special keepsake for mothers and their children. It has 38 pages, each with illustrations by Sheila Fein. Toddlers will be drawn to the colorful, realistic illustrations of mother and child. The book also includes a page of tips to help parents use the book in a variety of ways to support toddlers.

Elevating Child Care: A Guide to Respectful Parenting Janet Lansbury 2014-05-01 Janet Lansbury's advice on respectful parenting is quoted and shared by millions of readers worldwide. Inspired by the pioneering parenting philosophy of her friend and mentor, Magda Gerber, Janet's influential voice encourages parents and child care professionals to perceive babies as unique, capable human beings with natural abilities to learn without being taught; to develop motor and cognitive skills; communicate; face age appropriate struggles; initiate and direct independent play for extended periods; and much more. Once we are able to view our children in this light, even the most common daily parenting experiences become stimulating opportunities to learn, discover, and to connect with our child. "Elevating Child Care" is a collection of 30 popular and widely read articles from Janet's website that focus on some of the most common infant/toddler issues: eating, sleeping, diaper changes, communication, separation, focus and attention span, creativity, boundaries, and more. Eschewing the quick-fix 'tips and tricks' of popular parenting culture, Janet's insightful philosophy lays the foundation for a closer, more fulfilling parent/child relationship, and children who grow up to be authentic, confident, successful adults.

Confessions of a Domestic Failure Bunmi Laditan 2017 Originally published: Harlequin Books S. A., 2017. **Montessori at Home** Jane Smith 2021-03-09 The practical guide to nurturing your child in a Montessori home from ages 0 to 3 From birth to age 3--and beyond--children take in knowledge at an incredible rate. Give your young child the opportunity and freedom to truly learn, grow, and prosper with the Montessori method. This handbook lays out the simple tools you need to embrace Montessori at home, encouraging independence and curiosity in your little one's world. Explore the fundamental principles laid out by founder Maria Montessori, and discover ways to implement her ideas in your own home, on your own schedule and budget. When your young child can observe, absorb, reflect, and engage with what is going on around them, you'll watch their confidence blossom! Core concepts--Master the seven key Montessori ideas: the absorbent mind, observation, a prepared environment, freedom with limits, letting the child lead, independence, and respect for the child. Support year by year--Enhance your child's development throughout each year, focusing on birth to age 3, with supplementary information for ages 3 to 6. Practical guidance--For each age, find developmental facts, environmental recommendations, step-by-step activities, and plenty of parenting tips. Turn every day into a learning opportunity for your little one with Montessori at Home.

Be Honest and Tell the Truth Heri J. Meiners 2007-08-25 It's never too soon to learn the difference between what's true and what isn't. Words and pictures help young children discover that being honest in words and actions builds trust and self-confidence. They also learn that telling the truth sometimes takes courage and tact. Includes discussion questions, skits, scenarios, and games that reinforce the ideas being taught.

Parenting With Purpose Rowan Roffe 2020-06-07 If You've Ever Allowed a Three-Year-Old's Temper Tantrum to Ruin You, Then Keep Reading ... and learn the no-nonsense approach to positive parenting and raising emotionally intelligent kids You're in the middle of the supermarket and your three-year-old is in full meltdown mode over an icicle. There's yelling, there are tears and snot flying everywhere. Do you: Give in and buy the icicle because you're way too embarrassed Engage in a yelling match with your kid, i.e. lose your marbles completely Drag your kid yelling and screaming out of the supermarket Calmly but firmly stand your ground and tell your little one there are snacks waiting for them at home? Now that you look at it, the correct answer is probably obvious. In the heat of the moment, however, most parents will react instinctively and they'll do irrational things due to stress and exhaustion. Let's face it - even the best and kindest of kids throw temper tantrums. In fact, statistics show that 87% of 18 to 24-month-olds will have a total meltdown every once in a while. But it doesn't end there. Of all three to four-year-olds, 50% will still continue with the temper tantrums. How long can you stand your ground when these become a regular occurrence? Even moms who are as cool as a cucumber will want to punch the wall simply because a five-year-old can't be rationalized with. Being a parent is tough. Learning through trial and error, however, isn't an option when your kid's wellbeing and future are on the line. Mastering the right parenting techniques early on in life is important because: Intense early childhood parental involvement helps kids develop to the best of their abilities Mindful parenting also contributes to better social development for children Positive parenting can impact generations - not only your kids but the way they interact with their own children You will be establishing a bond with your child that will last a lifetime You certainly understand the importance of being a hands-on parent. Like many others, however, you may be clueless about how to approach discipline, boundaries and positive reinforcement. Of all parents, 57% struggle finding the most effective way to discipline kids. Parenting with Purpose provides the answer. Good parenting is based on mutual respect, open communication and transparency. This is just one of the key lessons included in the latest book by child development experts Aileen Jarvis and Rowan Roffe. In Parenting with Purpose, you'll discover: What exactly is parenting with purpose - actionable tips and no mumbo jumbo How your child's mind functions - little ones don't process information as adults! 4 parenting styles you should never adopt because they'll backfire sooner or later And 2 loving, nurturing parenting styles that can help you establish a strong bond with your kids How to handle the mighty temper tantrum like a boss (the one thing all parents are probably dying to find out) The secret of setting boundaries and outlining clear consequences, whether positive or negative The answer to the big question: should a parent ever try to be their child's friend? Effective approaches for dealing with a teen rebel Actionable insights, real-life examples and communication exercises to strengthen the skills you've just learned And much more. As a bonus, the book will apply the techniques to real-life situations that parents struggle with. If you dread mealtime or getting kids ready for kindergarten in the morning, this is the reading material you should have on your nightstand. Bad behavior is corrigible! Click the "Add to Cart" button now to find out which parenting techniques are bound to give you the best results.

Reasons My Kid Is Crying Greg Pembroke 2014-04-01 A glimpse into the tribulations of parenting that is part documentary, part therapy, and completely hilarious. It all started when busy father Greg Pembroke posted a few pictures online of his three-year-old son, mid-tantrum, alongside the reason his son was crying: He had broken his bit of cheese in half. In Reasons My Kid is Crying, Greg collects together photos sent from parents around the world, documenting the many, completely logical reasons why small children cry. Among them: "I let him play on the grass" . . . "He ran out of toys to throw into his pool" . . . "The neighbor's dog isn't outside". The result is both an affectionate portrait of the universal, baffling logic of toddlers--and a reminder for burned-out parents everywhere that they are not alone.

A Friend for Marcus Bunmi Laditan 2022-09-22 Marcus, an autistic child, makes his very first friend. By Leafy Boat Books. www.leafyboatbooks.com

The Montessori Toddler Simone Davies 2019-03-19 Announcing that rare parenting book that will not only help you become a more effective parent but actually change how you see your children. Written by Montessori educator Simone Davies, this book shows you how to bring the educational values of a Montessori classroom into your home--while turning the whole idea of the "terrible twos" on its head. Here is how to set up Montessori-friendly spaces in your home. Principles for fostering curiosity in your child--and in yourself. Specific Montessori skills--the winter coat flip; getting your toddler to pour his or her own water and clean up whatever spills might occur. And it goes much deeper, showing how a parent can really be present, be the child's guide, and handle tantrums and problematic behavior without resorting to bribes, threats, or punishment and truly celebrate every stage. It's also that rare parenting book that's beautiful to look at, with a bright, airy design and simple color illustrations and photographs.

No Bad Kids: Toddler Discipline Without Shame Janet Lansbury 2013-12-31 Janet Lansbury is unique among parenting experts. As a RIE teacher and student of pioneering child specialist Magda Gerber, her advice is not based solely on formal studies and the research of others, but also on her twenty years of hands-on experience guiding hundreds of parents and their toddlers. "No Bad Kids" is a collection of Janet's most popular and widely read articles pertaining to common toddler behaviors and how respectful parenting practices can be applied to benefit both parents and children. It covers such common topics as punishment, cooperation, boundaries, testing, tantrums, hitting, and more. "No Bad Kids" provides a practical, indispensable tool for parents who are anticipating or experiencing those critical years when toddlers are developmentally obliged to test the limits of our patience and love. Armed with knowledge and a clearer sense of the world through our children's eyes, this period of uncertainty can afford a myriad of opportunities to forge unbreakable bonds of trust and respect.

The Essential Guide to Children's Books and Their Creators Upon publication, Anita Silvey's comprehensive survey of contemporary children's literature, Children's Books and Their Creators, garnered unanimous praise from librarians, educators, and specialists interested in the world of writing for children. Now The Essential Guide to Children's Books and Their Creators assembles the best of that volume in one handy, affordable reference, geared specifically to parents, educators, and students. This new volume introduces readers to the wealth of children's literature by focusing on the essentials -- the best books for children, the ones that inform, impress, and, most important, excite young readers. Updated to include newcomers such as J. K. Rowling and Lemony Snicket and to cover the very latest on publishing and educational trends, this edition features more than 475 entries on the best-loved children's authors and illustrators, numerous essays on social and historical issues, thirty personal glimpses into craft by well-known writers, illustrators, and critics, and invaluable reading lists by category. The Essential Guide to Children's Books and Their Creators summarizes the canon of contemporary children's literature, in a practical guide essential for anyone choosing a book for or working with children.

Couch Fiction Philippa Perry 2020-11-26 'A gem' - The Evening Standard 'Pure book joy. Deep thinking made digestible & doled up with lashings of wit' Bernardine Evaristo on Twitter 'So smart and interesting!' Fearnie Cotton on Instagram Ever wanted to know what really happens in a therapist's consultation room? Bestselling author Philippa Perry (The Book You Wish Your Parents Had Read) turns her keen insights to the power of therapy. This compelling study of psychotherapy in the form of a graphic novel vividly explores a year's therapy sessions as a search for understanding and truth. Beautifully illustrated by Flo Perry, author of How to Have Feminist Sex, and accompanied by succinct and illuminating footnotes, this book offers a witty and thought-provoking

exploration of the therapeutic journey, considering a range of skills, insights and techniques along the way.

'I loved it. I smiled and laughed. And nodded. One to read' Susie Orbach, author of *In Therapy* '(Full of) wit and good sense (...) Philippa is a tonic' Rachel Cooke, *Observer*

The Impossible Kid Lucille Williams 2021-09-01 When a mother's journey begins, one is venturing into the unknown. It's hard to imagine what this tiny little baby will be as an adult. My journey was difficult, heart-wrenching, and laborious and yet joyful, worth every tear and strife. My child seemed impossible to me, but God chose me to be the mother of this impossible child. And what we deem impossible, God makes possible (Luke 18:27). From the introduction In *The Impossible Kid*, relationship coach and pastor's wife Lucille Williams writes an exceptionally honest and funny account of parenting a strong-willed child. Through 11 entertaining chapters, this book provides practical tools for parents to sow seeds of encouragement in their kids as they aspire to raise adults who reflect the nature and character of God. Endorsed by Dr. Gary Smalley, *The Impossible Kid* is an encouraging and informative read, covering topics including family dysfunctions, feeling like an inadequate parent, creative and effective discipline, parenting with integrity, the dreaded sex talk, learning to laugh together, and keeping God as the focal point in the home.

Help Me, God, I'm a Parent Bunmi Laditan 2022-06-28 Relatable, honest, and heartwarming, *Help Me, God, I'm a Parent* by Bunmi Laditan--author of *Dear Mom and Dear God* and the voice behind the satirical Twitter account *Honest Toddler*--offers a collection of prayers to help you trade fear and anxiety about parenting for peace, calm, and confidence in the God who loves and guides you.

The Teenager Who Came to Tea Emlyn Rees 2015-11-05 But the teenager didn't take just one Pringle. He took a selfie of himself pouring a whole tube of them into his mouth, before sending it to his best mate, along with the letters LOL! The bestselling authors of *We're Going on a Bar Hunt* and *The Very Hungover Caterpillar* bring you another hilarious parody of a much-loved children's book, this time turning the spotlight not only on modern teens, but firmly on their parents too. When the doorbell rings, just as Sophie and her Dad are sitting down for their tea, they're half-expecting a visit from a tiger, but what slouches in through their doorway is even more curious than that... a teenager. A perfect read for anyone who remembers the original, or has ever been a teenager or is the parent of a teenager today.

If I Stay Gayle Forman 2009-05-07 NOW A MAJOR FILM STARRING CHLOE GRACE MORETZ 'Just listen,' Adam says with a voice that sounds like shrapnel.' I open my eyes wide now. I sit up as much as I can. And I listen. 'Stay,' he says. Everybody has to make choices. Some might break you. For seventeen-year-old Mia, surrounded by a wonderful family, friends and a gorgeous boyfriend decisions might seem tough, but they're all about a future full of music and love, a future that's brimming with hope. But life can change in an instant. A cold February morning . . . a snowy road . . . and suddenly all of Mia's choices are gone. Except one. As alone as she'll ever be, Mia must make the most difficult choice of all. Haunting, heartrending and ultimately life-affirming, *If I Stay* will make you appreciate all that you have, all that you've lost - and all that might be. Includes interviews with the stars of the film, Chloe Moretz and Jamie Blackley.

You Look Tired Jenny True 2021-05-04 In the tradition of Ali Wong and Amy Schumer comes this whip-smart, spit-out-your-coffee funny guide for new parents—from popular blogger and columnist Jenny True. Plenty of "new parent" guides cover the basics of breastfeeding, bonding, sleep, and "getting back in shape." But nowhere is a guide that tells you, WTF is this squeeze bottle thing from the hospital? *You Look Tired* is a totally honest, tell-it-like-it-is guide for new moms who don't want any more advice. Writing as Jenny True on her "Excruciatingly Personal Mommy Blog" and in the "Dear Jenny" column on *Romper*, Jenny has been called the "postpartum feelings doula," as she doles out her unique mix of humor, rage, and encouragement (with a smidge of practical advice), including: Birth Hurts: Prenatal yoga is a waste of time. Jabba the Hutt Was Just Postpartum: It explains so much. An Open Letter to People Who Say, "Looks like you have your hands full!" And much more!

How to Make Your Baby an Internet Celebrity Rick Chillot 2014-09-30 In the twenty-first-century economy, there's only one way to guarantee your child a bright and happy future: make that baby an Internet celebrity. But how? In *How to Make Your Baby an Internet Celebrity*, you'll learn to assess your baby's best attributes (is she smarter than a chimp?), assign a compelling screen persona (clumsiness = on-screen gold), and plan the ultimate viral Internet video. Make your baby an Internet celebrity . . . because the world needs cuteness now more than ever!

The Big Bed Bunmi Laditan 2018-02-06 From Bunmi Laditan, the creator of the *Honest Toddler* blog, *The Big Bed* is a humorous picture book about a girl who doesn't want to sleep in her little bed, so she presents her dad with his own bed—a camping cot!—in order to move herself into her parents' big bed in his place. A twist on the classic

parental struggle of not letting kids sleep in their bed.

The Honest Toddler Bunmi Laditan 2014-04-22 Offers unique insights from a toddler's perspective while sharing practical advice for managing the highs and lows of toddler development, providing coverage of topics ranging from nutrition and play dates to healthy sleep.

The Sh!t No One Tells You About Toddlers Dawn Dais 2015-09-15 They're getting bigger. And you're not getting any more sleep. Second in the *Sh!t No One Tells You* series, in *The Sh!t No One Tells You About Toddlers* Dawn Dais tells it like it is – again – offering real advice for parents of growing children. Filled with tips, encouragement, and a strong dose of humor, *The Sh!t No One Tells You About Toddlers* is a survival handbook for parents on the edge. Chapters include: You Suck at This. It's not just your imagination. Walking Is Hard. Bruising is considerably less difficult. Remember When You Judged Other Parents? Prepare to eat your words, with a side of karma's a bitch. Restaurants Are Battle Zones. Spoiler Alert: You are not the victor. Kids Get Sick. Then everyone gets sick. This Childhood Will Be Televised. Hello, camera phones. Your TV Has Been Hijacked. By things with very high-pitched voices. Coming from one empathetic parent to another, the tips in this book are real, clever, honest, and designed to make life with a terrible two- or three-year-old a little bit more manageable. Hilarious, helpful, and handy, this book will be appreciated by any parent who has asked: "Why didn't anybody warn me that unconditional love would be so much work?"

How To Talk So Little Kids Will Listen Joanna Faber 2017-01-26 From the widely acclaimed *HOW TO TALK* series, discover tried and tested communication strategies to survive - and thrive - with kids ages 2-7 The all-new content in this book deals with struggles familiar to every parent, relative, teacher and childminder. How do you respond to the toddler who won't brush his teeth? The preschooler who pinches the baby? The child who throws everything she can reach? It's hard to be a little kid. It's hard to be an adult responsible for that little kid. And it's really hard to think about effective communication when the toast is burning, the baby is crying and you're exhausted. This book will help readers do just that. Organized according to everyday challenges and conflicts, and including real-life examples and the series' trademark cartoons, this book is a survival manual of communication tools, including a chapter that addresses the special needs of children with sensory processing or autism spectrum disorders.

First-time Parent Lucy Atkins 2006 Forget unrealistic childcare manuals—this is the book new parents will really need to help cope brilliantly with the first chaotic days and months. In a humorous style, the book begins with that first mind-blowing day and addresses the issues unique to the first-time parent who stares at their newborn and thinksWhere are the instructions?Anticipating the questions and concerns of all new mothers—Why does my baby cry so much?Will I ever lose all this weight?Am I a bad parent because. . .the book provides practical advice and level-headed reassurance. It addresses the needs of the baby and, very importantly, those of the parent during the first year of their baby's life. Contents include: the equipment and kit new parents really need, how to cope with the first few hours, coming home, bonding, how to survive the first few days, and sleeping. New moms and dads will also learn about the baby's crying, feeding their child, the baby's physical and mental development, health considerations for baby and parent, the changing mother-father relationship, and coping with being at home and with going back to work. This guide also includes information on single parenting, and on adopted, multiple and special needs babies.

The Art of Talking with Children Rebecca Rolland 2022-03-01 From a Harvard faculty member and oral language specialist, an invaluable guide that gives readers evidence-based tools and techniques to communicate more effectively with children in ways that let them foster relationships with less conflict and more joy and kindness. Science has shown that the best way to help our kids become independent, confident, kind, empathetic, and happy is by talking with them. Yet, so often, parents, educators, and caregivers have trouble communicating with kids. Conversations can feel trivial or strained—or worse, are marked by constant conflict. In *The Art of Talking with Children*, Rebecca Rolland, a Harvard faculty member, speech pathologist, and mother, arms adults with practical tools to help them have productive and meaningful conversations with children of all ages—whether it's engaging an obstinate toddler or getting the most monosyllabic adolescent to open up. *The Art of Talking with Children* shows us how quality communication—or rich talk—can help us build the skills and capacities children need to thrive.

Dear Mother Bunmi Laditan 2019-04-02 The first collection of poetry from Bunmi Laditan, bestselling author of *Confessions of a Domestic Failure* and creator of *The Honest Toddler*, capturing the honesty, rawness, sheer joy and total madness of motherhood. With the compassion and wit that have made her a social media sensation among mothers around the world, Bunmi Laditan puts into evocative and relatable words what so many of us feel but can't quite express. For mothers who love their children with a fiery fierceness but know what it is to feel crushed at the end of those long days, *Dear Mother* is like a warm hug that says, "I get it."